

# Love British Food!

Putting the "ooo" Back into Food

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An apple a day keeps the doctor away...and never more so than in October, the height of the British apple season. Since 1950, 63% of our apple orchards have been grubbed up and now two in every three apples are imported. So whether you munch, stew, crumble or bake them, or drink their juice, pay homage to the British apple this month. As the Tudors declared, apples are "the very breath of England".

**KENWOOD**

*Welcome to our October 2009 e-newsletter...*

 THE NATIONAL TRUST

**NEW on the Love British Food website**

British Food Fortnight 2009 – the highlights! [click here](#)

Daily news service [click here](#)

Farm Shop directory [click here](#)

 **ARAMARK**

**Budgens**

## 1. Supermarket Watch

Bringing you the latest news on British products in the supermarkets; here is our round-up for October.... [Read more](#)



Just Eat More  
(fruit & veg)

## 2. Inspiring school of the month

This month we look at what pupils at **Dunning Primary School** in Perthshire, **Bury Church of England Primary School** in West Sussex and **St Bartholomew's Secondary School** in Berkshire did during British Food Fortnight... [Read more](#)

## 3. Producer of the month

**Serena Humphrey, the Deeside Smokehouse.**

Serena Humphrey's entertaining entries on the website Twitter, make abundantly clear her energy and enthusiasm for the smokehouse she has created and the meats she smokes... [Read more](#)

## 4. Rooted to the Pot

Make the most of this 'season of mellow fruitfulness' by devouring Britain's bounty of seasonal fruit and vegetables. The autumn months provide a bumper crop of British root vegetables, which include carrots, onions, turnips, swedes, potatoes, garlic and of course, being October, pumpkins... [Read more](#)

## 5. Competition

**Win** a pack of roast smoked venison, cold smoked venison and pheasant salami worth over £15 from the Deeside Smokehouse. Just send the correct answer to the following question to us [by email](#): *What do celebrity chefs, the Hairy Bikers, think of British Food Fortnight?* Clue: see [lovebritishfood.co.uk](http://lovebritishfood.co.uk) The first correct answer received wins!

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