

## What others have said .....

*'It has renewed my enthusiasm for PSHE and I know my pupils are benefiting from better planned, more creative lessons with much more active teaching and learning'.*

*'This has really improved my practice, enabling improved interaction with other professionals and students. It has made me think about how I deliver PSHE. I now adopt a more structured approach to planning, delivering and evaluation of sessions'.*

*'Meeting up and sharing ideas with colleagues has been excellent, it has helped raise the profile of PSHE in the school'.*

*'Anybody involved in teaching PSHE should do this course, I feel much more equipped to deal with sensitive issues and it's been great fun too'.*



## Funding

The programme is funded through the DfES and there is no cost to participants. For further details discuss local arrangements with your PSHE Lead.

## How long does it take?

The programme normally takes around twelve months to complete and is run within an academic year.

## What should I do next?

If you are interested in taking part or would like to find out more about the programme contact your Local PSHE Lead or VT Education and Skills on [nationalpshe@vtplc.com](mailto:nationalpshe@vtplc.com)

Local PSHE Lead contact details:



# National PSHE CPD Programme

*Improving teaching and learning in PSHE*

**VT**  
Education and Skills

Working on behalf of the DfES in partnership with

PSHE  
Subject Association

  
Healthy Schools

## Why is Personal Social Health Education (PSHE) so important?

PSHE is an important area of the curriculum that helps children and young people grow and develop as individuals and as members of families and communities. The National PSHE continuing professional development (CPD) programme has been running for five years and around 8,000 teachers and community nurses have undertaken the programme. Participation on the programme will enable you to improve your confidence and effectiveness in teaching and learning within PSHE.

## Who is the programme for?

The National PSHE CPD programme is designed primarily for teachers and community nurses who are actively engaged in the delivery of a planned programme of PSHE in schools and other settings.



## What are the aims of the programme?

The National PSHE CPD programme provides a valuable opportunity for teachers and community nurses to develop their skills in the delivery of PSHE in schools and other settings.

It aims to:

- ◆ improve the competence and confidence of those delivering PSHE
- ◆ raise the quality of teaching and learning in PSHE
- ◆ enable participants to effect positive change in PSHE planning, delivery and development within their settings
- ◆ contribute to wider Government initiatives, in particular the Teenage Pregnancy Strategy, Drug Strategy and 'Every Child Matters'.

## What's involved?

Participants will enhance their knowledge and skills, and use nationally agreed standards to evaluate professional practice. The evidence is collated in a portfolio which is independently assessed against the standards and programme criteria. Formative assessment is given at an interim stage.

## Do I receive any support?

The majority of participants will access the programme through locally organised provision facilitated by PSHE Leads, usually based within the local authority. Participants will be entitled to a minimum of 30 hours guided learning. The programme will be supported by a range of on-line resources and support.

From September 2007 it will also be possible to complete the programme via e-learning if this is more appropriate to your learning needs.

## How will this benefit me?

Completion of the programme will contribute effectively to continuing professional development:

- ◆ as part of your individual development objectives
- ◆ provide accreditation for successful participants that can be used towards gaining higher qualifications
- ◆ to support teachers in their application for further professional qualifications, such as DfES Threshold Assessment, Advanced Skills Teacher Status (AST), National Professional Qualification for Headship (NPQH)
- ◆ to enable nurses to demonstrate evidence of how their practice meets the requirements of the Knowledge and Skills Framework (KSF)
- ◆ to provide support to participants who wish to explore further qualifications.