



Introduction

This guidance provides clear advice on PSHE education for schools working towards National Healthy School Status (NHSS) and to help schools go beyond NHSS.

➡ All pupils in state schools will now receive high quality lessons in everything from first aid and personal finance to relationships and the consequences of drugs misuse. PSHE will become a statutory part of the curriculum from KS1 – 4 (ages 5 – 16)

Why is PSHE education important in the wider agenda?

➡ It makes a major contribution to the Every Child Matters (ECM) five outcomes for children and young people and it contributes to a school's statutory responsibility to promote wellbeing in children and young people, as set out in The Children Act 2003 and The Education and Inspections Act 2004. It also contributes to achieving the aims of the whole curriculum and to promoting community cohesion.

Principles for developing PSHE – whole school approach

- ➡ Leadership, management and change
- ➡ Policy Development
- ➡ Curriculum planning
- ➡ Teaching & Learning
- ➡ School culture
- ➡ Voice of young people
- ➡ Provision of support services
- ➡ Professional development for staff
- ➡ Partnerships with parents & carers
- ➡ Assessing, recording & reporting achievement

NHSP criteria for PSHE

➡ Detailed advice and guidance provided on how to attain NHSS and then go beyond it, with numerous examples of good practice.

Wellbeing

PSHE Supports The Wellbeing Agenda



- PSHE
- SEAL
- Emotional literacy
- Mental health
- Resilience
- Healthy eating
- Physical activity
- EHWB
- Anti-bullying
- Happiness
- Contentment
- Attainment
- Achievement
- Lifestyle

from here to there
UNDER AN UMBRELLA

What else is in the guidance?

Workforce development

➡ The PSHE CPD Programme has been running for six years and has involved approximately 10,000 teachers and community nurses to date. Guidance is offered on the benefits of CPD and how to access it.

Links to other core themes of the NHSP

➡ PSHE links to the other three themes of the NHSP: healthy eating, physical activity and perhaps most directly to emotional health and wellbeing.

Involving parents and carers in developing PSHE

➡ Useful advice is provided on how to promote effective partnership working with parents and carers in the shared responsibility for developing children's wellbeing

PSHE education and links to key policies

➡ The context for the work on PSHE is explained, and also how PSHE may contribute to the implementation of The Children's Plan (2007) and to key policies including Public Sector Agreements (12 & 14) and the indicators on wellbeing and obesity. The position of PSHE within the National Curriculum is to be strengthened and this gives it even more prominence.

Websites and References

➡ Finally, the guidance gives a useful list of websites for schools to use in making PSHE even more effective, and sets out the key references used in the compilation of the PSHE guidance for schools

