



Newsletter-Autumn Term 2009

Welcome to the latest information about **Teen LifeCheck**. I hope that the promotion of **Teen LifeCheck** has gone well at your school so far.

Teen LifeCheck Nationally

The national launch of the **Teen LifeCheck** programme took place at Headingley Rugby Club in Leeds on the 10th June. More promotional materials have now been produced and you should see the advertisements around and about shortly. I'm sure you agree that it was good that we in Sheffield were way ahead of the game and that the young people that you work with know about the programme and will probably already have had the opportunity to complete the on-line quiz.

Teen LifeCheck has a new easier to remember website address:

www.teenlifecheck.co.uk

You will be re-directed to the site if you use the old address.

When you visit the site some of you may notice subtle changes to the questions. Thanks to all of you for looking at the website during the briefings and making comments. We passed this information to the national team and it is your comments that have helped to make these improvements.

Teen LifeCheck Locally

You may also have heard that the National **Teen LifeCheck** team ran a roadshow for 2 days at Meadowhall on the 26th and 27th August. Young people had the opportunity to complete the on-line quiz there and then and had the chance to win a Nintendo Wii. The event was advertised in the Star and was able to attract a large number of young people that happened to be at Meadowhall on those 2 days.

Funding Teen LifeCheck

At long last we are in a position to give you the £500 you were promised to further promote **Teen LifeCheck** within your school. It is important that you follow the process described on the next page in order to claim this money and so that it is paid into its own budget line for the sole use of promoting **Teen LifeCheck**. If you would like to purchase more **Teen LifeCheck** memory sticks up to the value of £500 instead of having the money to spend at school please let me know. I will arrange to have the money promised to pay the cover for you attending the briefing directly to the school from the

local authority and this will go into the main school budget. This will be identified as Health and Education Partnership money. Please inform your account manager about this.

The Next Steps in Promoting Teen *LifeCheck*

We plan to have a further push on promoting the programme shortly and are currently producing a short commercial that can be used in assemblies and lessons to encourage more young people to visit the **Teen *LifeCheck*** website.

We hope that you will be able to use this at your school very soon. Copies of the commercial will be sent on CD to every school and you will also be able to download it from the Sheffield Healthy Schools website (www.sheffieldhealthyschools.co.uk). This will coincide with having a new cohort of young people join your school as Y7s. Just to let you know that the **Teen *LifeCheck*** commercial was produced with the help of young people at City School. Michelle Bridges, the school nurse, organised a Health Day at the end of last term where all young people in Y8 had the opportunity to complete the **Teen *LifeCheck*** quiz. Michelle collected the comments about **Teen *LifeCheck*** from the young people and these have been used to produce the commercial. Just to remind you that a screen saver and small advert that can be transmitted by Blue Tooth is still available on the Sheffield Healthy Schools website (www.sheffieldhealthyschools.co.uk)

Monitoring and Evaluating the Programme

We will be contacting you again soon with a short monitoring and evaluation form that will be used to capture information about how the programme has been utilised and your money spent.

Please contact me if there is anything that I can do to help you with the promotion of **Teen *LifeCheck*** in your school.

Wishing you all a healthy, happy and peaceful term.

