

Flower 125 Health Programme at

School

Session:

Date:

Resources:

Activity	Facilitator	Time
Cheerful greet		
Snacks-water and bananas		
Handing out icons		
Game-		
Activity 1-		
Activity 2-		
Count up icons-		
Game-		
Smiley Face Evaluation		
End-Cheerful goodbye		
Staff evaluation		